

## **UPCOMING DATES for PILATES TEACHER TRAINING\***

Mat & Reformer 1 - 2023 30 Sept/1 Oct & 14/15 Oct & 27/28/29 Oct

Cadillac, Barrels & Chairs 1 - 2024 10/11 Feb & 23/24/25 Feb

Mat & Reformer 2 - 2024 23/24 Mar & 6/7 Apr & 19/20/21 Apr

Cadillac, Barrels & Chairs 2 - 2024 **INTENSIVE: 26-30 JUNE** 

Program recognized by APPI



\*Dates subject to change